

**OUTWARD BOUND TRUST OF KENYA  
17 DAY OBTK/SLAP STANDARD COURSE**

<b>Day</b>	<b>Activity</b>	<b>Admin &amp; Logistics</b>
1	<ul style="list-style-type: none"> <li>● Motorised transfer to OBC Loitokitok with enroute game drive through Amboseli National Park.</li> <li>● Arrive – Centre Orientation &amp; Ice Breakers</li> </ul>	<ul style="list-style-type: none"> <li>● OBTK bus to facilitate transfer of participants to Loitokitok or</li> <li>● OBTK to organize for safari vans.</li> <li>● Know Outward Compound</li> </ul>
2	<ul style="list-style-type: none"> <li>● Group Dynamics activities.</li> </ul>	<ul style="list-style-type: none"> <li>● Team meets the Instructors for the OBC and Service Project phase.</li> </ul>
3	<ul style="list-style-type: none"> <li>● Group Dynamics activities.</li> </ul>	<ul style="list-style-type: none"> <li>● Team meets the Instructors for the OBC and Service Project phase</li> </ul>
4	<ul style="list-style-type: none"> <li>● Plains Expedition</li> <li>● Navigation and Orienteering.</li> </ul>	<ul style="list-style-type: none"> <li>● Patrol Instructors to co-ordinate all plains excursions.</li> </ul>
5	<ul style="list-style-type: none"> <li>● Plains Expedition</li> <li>● Navigation and Orienteering.</li> </ul>	<ul style="list-style-type: none"> <li>● Patrol Instructors to co-ordinate all plains excursions.</li> </ul>
6	<ul style="list-style-type: none"> <li>● Bouldering.</li> <li>● Rock Climbing</li> <li>● Abseiling/Rappelling</li> <li>● Endurance run</li> </ul>	<ul style="list-style-type: none"> <li>● OBTK official transport on standby.</li> </ul>
7.	<ul style="list-style-type: none"> <li>● Residential Service Project.</li> </ul>	<ul style="list-style-type: none"> <li>● OBTK to identify and organize.</li> <li>● OBTK official transport to be on standby.</li> </ul>
8	<ul style="list-style-type: none"> <li>● Completion and hand over of the Service Project.</li> <li>● Dispatch to SOLO sites.</li> </ul>	<ul style="list-style-type: none"> <li>● OBTK official transport on standby.</li> <li>● Patrol Instructors to co-ordinate dispatches.</li> <li>● Instructors set up SOLO command post.</li> </ul>
9	<ul style="list-style-type: none"> <li>● SOLO</li> </ul>	<ul style="list-style-type: none"> <li>● OBTK official transport on standby.</li> <li>● Instructors on standby at SOLO command post.</li> </ul>
10	<ul style="list-style-type: none"> <li>● Off SOLO</li> <li>● Motorized transfer to OBC</li> <li>● Mountain Preparation</li> </ul>	<ul style="list-style-type: none"> <li>● OBTK to organize transport to OBC.</li> <li>● Patrol Instructors to co-ordinate all mountain preparations and parking.</li> </ul>
11	<ul style="list-style-type: none"> <li>● Start of Mountain phase.</li> <li>● Hike from OBC to Central Bivy Camp.</li> </ul>	<ul style="list-style-type: none"> <li>● Base Camp Mountain response and evacuation system set up.</li> <li>● OBTK official transport on standby at</li> </ul>

		OBC.
12	<ul style="list-style-type: none"> <li>● Hike from Central Bivy to 2nd caves Camp.</li> </ul>	<ul style="list-style-type: none"> <li>● OBTK official transport on standby at OBC.</li> </ul>
13	<ul style="list-style-type: none"> <li>● Hike from 2nd caves to 3rd cave Camp.</li> </ul>	<ul style="list-style-type: none"> <li>● Mountain re-supply/Re-ration.</li> <li>● OBTK official transport on standby at OBC.</li> </ul>
14	<ul style="list-style-type: none"> <li>● Hike from 3rd caves to Kibo hut</li> </ul>	<ul style="list-style-type: none"> <li>● OBTK official transport on standby at Marangu Gate.</li> </ul>
15	<ul style="list-style-type: none"> <li>● Summit bid to Uhuru peak (dawn ascent).</li> <li>● Descend to Horombo hut</li> </ul>	<ul style="list-style-type: none"> <li>● OBTK official transport on standby at Marangu Gate.</li> </ul>
16	<ul style="list-style-type: none"> <li>● Descend to Marangu Gate.</li> <li>● Motorised transfer to OBC Centre.</li> <li>● African Night, presentations and Campfire.</li> </ul>	<ul style="list-style-type: none"> <li>● OBTK organized transport to ferry participants back to OBC.</li> </ul>
17	<ul style="list-style-type: none"> <li>● Graduation.</li> <li>● Motorised transfer to Nairobi.</li> </ul>	<ul style="list-style-type: none"> <li>● OBTK bus to ferry participants to Nairobi.</li> </ul>